Bees and Seas is a local project born from a common passion to connect communities with nature, across the land and sea. Three community enterprises:

We Are FoodPioneers CIC, Friends of Brooklands Park and Creative Waves CIC, have come together to create a community beekeeping project and educational training space in Brooklands Park.

The mission is to help engage the local community with conservation and pollinators through a series of collaborative activities, workshops and volunteering opportunities. Local volunteers have been working hard to transform this industrial site into a natural asset and the Worthing Honey Collective have been busy preparing our Honey Bees for onward delivery to their new home at the Brooklands Apiary.

None of this would have been possible without the vital funding, grants, sponsorships and donations received! We are very grateful to the South Downs National Park Trust, Postcode Local Trust, the Sussex Transport team, Rampion Fund Sussex Community Foundation, Worthing Community Chest and Worthing and Sompting Lions for their incredibly generous donations.

Come join us to celebrate National Bee Day on 21st August with a series of FREE family fun events, activities, shows, talks and stalls at Brooklands Park from Friday 20th August through to Sunday 22nd August.

www.foodpioneers.org.uk



## Bees&Seas

Friday 20 August

1130/1400

Sussex Wildlife **Trust Guided** Walk & Talk

Numbers are limited. Prebook via friendsofbrooklands@ hotmail.com

1100-1600

**Bee Hotel** Making with Ouse & Adur Rivers Trust

Make comfy bee homes with the O Art Epic team.

1100-1600

Big Games with the Council **Park Rangers** 

Big 'family fun' games for all to enjoy.

1200/1330 /1500

Birds of **Brooklands Guided Walk** 

Wildlife walk and talk with Worthing Birding Group.

1100

-1600

**Bee Finger** 

**Puppets with** 

the RSPB

Protect the wildlife

and wild places

you love.

1130/1430

Meet the **Beekeepers** 

Learn all about our bees with the Worthing Honey Collective.

1100-1600

So Sussex Hapa Zome Flag Making.

Japanese printmaking, hammering the natural pigments of leaves and flowers to produce prints on to fabric.

1100-1600

**Stone Painting** and Litter Picking

Help keep our park waste and plastic' free with the Council Coastal Rangers.

friendsofbrooklands@hotmail.com

**f** whcfoodpioneers

Saturday 21 August **National Bee Day** 

1100-1600

Leaf Rubbing with Friends of **Brooklands Park** 

Create colourful art with the local group that looks after the park.

1130/1330

**RSPB Family** Mini Beast Hunt

Learn about the small creatures that live at Brooklands Park.

1100-1600

**Stone Painting** with the Council **Coastal Rangers** 

Create kind messages and 'bee art' stones.

1130/1530

**Seaweed Gels** 

& Salty Scrub

Workshop

with Stacey Manser-

Knight, foraging chef.

Group size limited

to 20 people.

1130/1430

Meet the

**Beekeepers** 

Learn all about our

bees with the

Worthing Honey

Collective.

1100-1600

So Sussex

**Trolan Weaving** 

& Gods Eyes

Create bracelets and

decorations using

ancient crafts, wool

1330

Versatility of Seaweed

From kitchen to garden and farming with Stacey Manser-Knight; phycologist and alchemist teaches us how to use seaweed.

1100-1600

Bird Observation by the Lakeside

Wildlife watching with the Shoreham Bird Group.

1300

**Meet Wild Bees** with Breathing **Spaces** 

Organised walk from our Sea Log Hive to our Downs Log Hive. Pre-book via info@ breathingspaces.co

> 1100 -1600

Cycall Dr. Bike **Safety Checks** 

Bring your bike along for a free safety check.

and wood. 1100-1600

**Lancing Prep** Children 'Hives' **Get Buzzina** 

This local eco group will bee dance visitors to our new apiary for 'bee' themed treats and stalls.

1100-1600

**Big Games** with the Council **Park Rangers** 

Big 'family fun' games for all to enjoy.

Sunday 22 August

Wildlife watching

1100-1600

**Foody Giveaways** & Recipes with **UK Harvest** 

How to be a food waste warrior with the UK's leading food rescue

1100-1600

**Egg Case Beach Hunt with Council Coastal Rangers** 

Search the beach for shark, ray and skate egg cases.

1100-1600

**Big Games** with the Council **Park Rangers** 

> Big 'family fun' games for all to enjoy.

1130/1300 /1500

Live Punch & **Judy Puppet Show** 

Staycation celebration classic seafront fun returns.

1100-1600

**SDNP** 

Catch some bugs and find out all about them with the South Downs National

1100-1600

Bird Observation by the Lakeside

with the Shoreham Bird Group.

1130

Versatility of Seaweed Kitchen Talk

with Stacev Manser-Knight: phycologist and foraging chef. Fresh samples

1130/1330

RSPB 'What's The Bird' **Guided Walk** 

Birdlife and nature walk around the park.

1100-1600

**Dream Catcher Creation with Friends** of Brooklands Park

Catch your dreams with the team responsible for regenerating the park.

1100-1600

So Sussex 'Bees and Seas' Murals

A range of print techniques and materials to create a collaborative beeutiful mural.

**Bua Hunt** 

Park.

provided.

1330

**Seaweed Gels** & Salty Scrub Workshop

with Stacey Manser-Knight, foraging chef. Group size limited to 20 people.

1130/1430

**Meet The Beekeepers** 

Learn all about our bees with the Worthing Honey Collective.

> 1200/1400 /1530

Bee-rilliant **BUZZ Show** 

Featuring award winning puppetry, giant honeycomb, grumpy Mr Fred and Shredder the Dog.

1530

Versatility of Seaweed Garden Talk

with Stacey Manser-Knight; phycologist. Grow luscious, strong plants with seaweed.

